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How would you describe your current state of “peace” on a scale of 1 to 10, where 1 would be “shaky ground” and 10 is “calm & unflappable”?

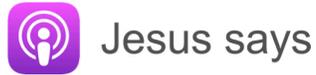
Read Ezekiel 13:10, John 4:13,14. The world’s peace & Christ’s peace are very different. One way is that the world’s peace is shallow, addressing our situation &/or our feelings, whereas Jesus’ peace runs deep into our hearts. Share stories from your life where Jesus has met you in hard circumstances and how He brought deep healing.

Read Ecclesiastes 2:10,11 Read Is 54:10. The world offers us a peace that is temporary whereas Jesus’ peace is eternal. Share examples from your life of those “shallow” and “temporary” quick fixes that you have looked to in searching for peace.

Read Job 42:3, Romans 16:20. The world offers us a peace that is limited whereas Jesus’ peace is limitless. What examples can you share from your life where you have tried to solve something in your own effort? What examples can you share from your life where God has shown up in power & did something far beyond your capabilities?

Read Isaiah 26:3. Perfect peace is found in partnership with Jesus. He keeps us in peace, we focus on Him. How well are you keeping Jesus intentionally before you these days? What are some of your favourite practices for spending time with God?

Read Exodus 20:8-11. Sabbath is a practice we can grow in to keep our focus on Jesus. What regular rhythms of rest do you incorporate? What does your schedule say about you?



May 10th, 2020
Peace

Read Psalm 46:10. Stillness is a practice we can grow in to keep our focus on Jesus. We need to find inward stillness to rest our souls and hear from God. How successful are you in cultivating a quiet soul? What are some of the things you do to help in keeping inward stillness? How well are you hearing from God these days?

Read Phil 4:11-13. Simplicity is another way we can grow in to keep our focus on Jesus. We are to lead a "quiet" life, not focussing on self importance nor an abundance of things. Do you ever struggle with "accomplishment" or "accumulation"? What is one new way you could grow in your practice of simplicity?