



LifeGroup Questions (Oct 18-20)

Opening Crowd-breaker Question: Favourite memory in any of Summit's 21 yrs?

TRAIN: BECOMING WHO GOD ENVISIONS US TO BE

Whether for your hobby, job, sport or fitness, discuss any training experiences you have had gone through — note any necessary changes, learning, practices, etc.

- How did you feel at the start vs. later in the process? Do you still train in that area?

THE HEART OF THE JORNEY

The heart of our faith, and the foundational motivation for our training, is growing *a responsive relationship* with God

- the Father — experiencing His love & loving Him back with all we are
- the Son — growing in Him & surrendering to His functional leadership
- the Spirit — receiving His ongoing filling & walking in His enabling power

Discuss your journey in growing more responsive to your Triune God

- why is it important to be responsive to all three Persons in the Godhead, and how might each ONE help us in becoming whom He envisions us to become?

OUR PART IN BECOMING WHO GOD ENVISIONS US TO BE: SPIRITUAL TRAINING

Read **1 Corinthians 9:25**, **Titus 2:11-12** and **1 Timothy 4:7b-8**

- what does each verse teach us about training and spiritual training in particular?
- why is training so important?
- what does *training* do that *trying harder* doesn't?

In a responsive relationship with God, we choose to enter into a life of training, *devoting ourselves to three essential aspects of discipleship...*

1. We Train by Arranging Our Lives Around Spiritual Practices that deepen our understanding, experience and trust in God

Describe some of the spiritual practices around which you are/have been arranging in your life.

- What are they enabling you to become and do?
- How have you grown in your responsive relationship with the Triune God as a result?

Do you spend more time and effort in physical training vs. spiritual training? why is that?

2. We Train by Connecting Our Lives in Transformational Relationships through which we develop and express Christ-like love

Describe some of the training relationships to whom you have connected your life.

- What are they enabling you to become and do?
- How have you grown in your responsive relationship with the Triune God as a result?

Are there people in your life who are especially difficult? How is God allowing them to grow you more like Jesus?

3. We Train by Engaging Our Lives in Missional Experiences that continue Jesus' Kingdom work in our world

Describe some of the *missional experiences* that you are/have been engaged with.

- What are they enabling you to become and do?
- How have you grown in your responsive relationship with the Triune God as a result?

Some of our Kingdom work arises from the healing of past pain, helping others in similar situations. Is there such an experience that you are now using to help someone else?

SUMMIT & ME — Does your personal journey have any bearing on Summit's journey in becoming who God envisions us to be? if so, why/how?

- therefore, which essential aspect of your discipleship journey do you need to train better in?
 - ➔ a *spiritual practice*? a *transformational relationship*? a *missional experience*?
- Ask the Holy Spirit for one next step to implement this week

PRAY TOGETHER — for our responsive relationship with God & our spiritual training