



a

New You

in

2  22

"A new year is smiling at us, full to the brim with twelve months of the unknown... Sandwiched between January 1 and December 31 are twelve exciting, un-lived months of opportunities. Challenges brought on by changes await us."

– Chuck Swindoll



How Real Change Can Happen

	Motivation	Ability
Personal	✓	✓
Social	✓	✓
Structural	✓	✓

Joseph Grenny, *Influencers*

Personal Motivation to Grow Spiritually

- * When we receive enough we're able to
- * When we learn enough we want to
- * When we hurt enough we have to

– John Maxwell



Experiencing a New You in '22

I make an intentional decision for my growth

"There is an enormous difference between growing old in the Lord and growing up in Him. One is automatic and requires no effort at all...just aging. But the other is never automatic, or easy. It calls for personal discipline, continual determination and spiritual desire."

– Chuck Swindoll



Experiencing a New You in '22

I prioritize Jesus above all else in my life

I make an intentional decision for my growth

Philippians 3:7-8a

But whatever gain I had, I counted as loss for the sake of Christ. Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord...

Experiencing a New You in '22

I partner with God in training for my growth

I prioritize Jesus above all else in my life

I make an intentional decision for my growth

Philippians 2:12b-13 (NASB)

...work out your salvation with fear and trembling, for it is God who is at work in you, both to will and to work for His good pleasure.

Experiencing a New You in '22

I maintain a growth perspective in my mind

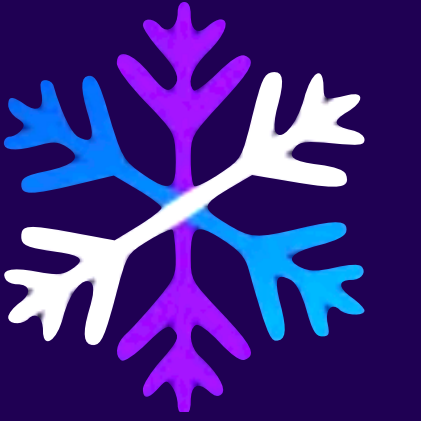
I partner with God in training for my growth

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Maintaining a Growth Mindset



open
minded
about my
present

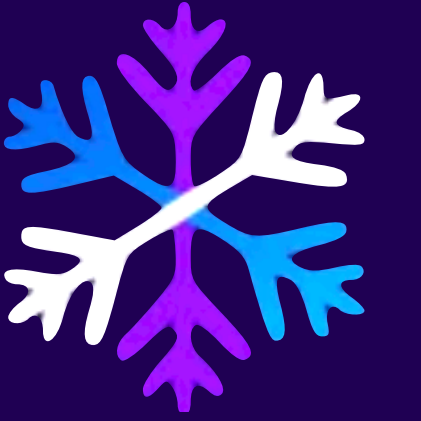
2  22

Philippians 3:12a,13a

*Not that I have already obtained all this,
or have already been made perfect...
I do not consider myself yet to have
taken hold of it.*



Maintaining a Growth Mindset



close
minded
about my
past

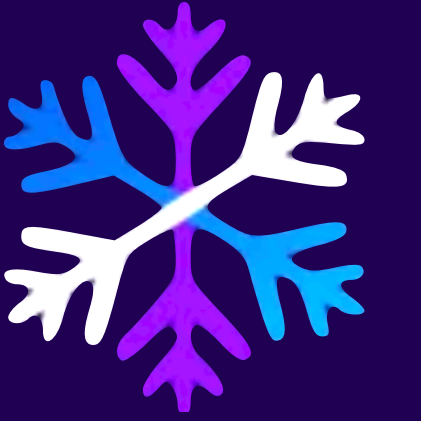
open
minded
about my
present

Philippians 3:7,13b

*But whatever was to my profit I now
consider loss for the sake of Christ...
Forgetting what is behind...*



Maintaining a Growth Mindset



close
minded
about my
past

open
minded
about my
present

single
minded
about my
future

Philippians 3:12b,13c-14

...I press on to take hold of that for which Christ Jesus took hold of me...straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus

|"reaching forward", and "pressing on"
- gives life meaning, purpose, energy

Experiencing a New You in '22

I maintain a growth perspective in my mind

I partner with God in training for my growth

I prioritize Jesus above all else in my life

I make an intentional decision for my growth

"You don't need a new year,
you need a new you. But
when you get a new you,
any old year will do!"

– John Maxwell





a

New You

in

2022

